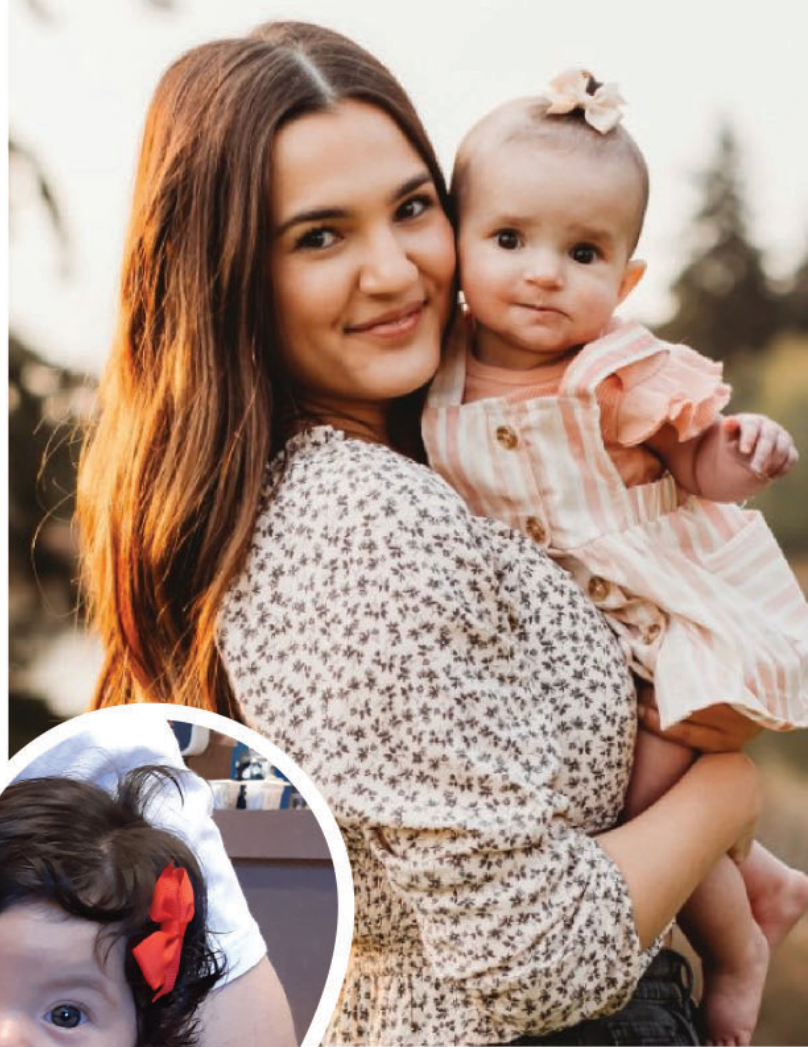


ANNUAL REPORT & INFORMATION BOOKLET 2022





A Message From Our Executive Director



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2022 was a historic year. The Supreme Court overturned Roe v Wade giving states authority on abortion law. Care Net of Puget Sound served almost 10,000 clients—up 33% from the prior year! We experienced vandalism at pregnancy centers. We prayed and shared the hope we have in Jesus even more than in prior years!

We also expanded the ministry of Care Net of Puget Sound by offering services to women who have experienced pregnancy and infant loss, and by launching new curriculum to give students new and better information about sexual health and relationships. We added volunteers and employees. We gained almost 100 new partnerships with life-affirming churches in King and Pierce counties.

While legal changes and growth are significant, our greater joy is when each and every woman chooses life for her unborn child. We are even more overjoyed when they allow us to share Jesus with them and be part of a decision for eternal life.

Life-affirming ministry can be difficult. There are times when all we say and do does not end with our prayed-for result. And then there are other times when, despite our imperfections, we see the Holy Spirit take over situations and turn them into miraculous outcomes where everyone involved can only point to God! During 2022, 93% of women who saw their unborn babies via ultrasound chose life for their children.

I thank God for each church, prayer partner, volunteer, employee, and donor that worked together to expand the ministry and serve more clients. Thanks be to God for all He accomplished during this past year. We look to 2023 with even greater hope because of the many ways we experienced God during 2022.

Blessings and thanks,

David Mitchell
Executive Director

A Member of
CARE  **NET**®
.....


Heartbeat
INTERNATIONAL



Client Quote

“At Care Net, I felt so comfortable, safe, and respected.”

Clients

Who we serve

ETHNICITY

Caucasian	27%
Hispanic	22%
African American	13%
Asian	9%
Multi-Racial	7%
Pacific Islander	5%
Other	17%

MARITAL STATUS

Single	43%
Married	35%
Cohabiting	20%
Unknown	2%

GENDER

Women	95%
Men	5%

AGE

35 & Over	15%
30-34	21%
25-29	27%
20-24	26%
15-19	10%
Under 15	1%

Financial Report

Giving Makes the Difference

TOTAL MONETARY GIVING

Contributions	\$3,028,596
Special Events	\$2,533,327
Grants	\$374,869
Capital Campaigns	\$100,000
	\$20,400

TOTAL GIFTS IN KIND

Equivalent Value	\$233,008
Professional Services	\$221,578
	\$11,430

HOW WE USED YOUR GIFTS

Programs	87%
Fundraising	8%
Administration	5%

SOURCES OF GIVING

Individuals	51%
Church & Ministries	25%
Foundations	16%
Business/Fund Drives	8%

93%

of women who saw an ultrasound at Care Net

chose life.



“We are so thankful for this ministry that brings the love and real-life help of Christ Jesus to women and families in the challenges they may face in pregnancy.”

Pastor Kurt Mach
Peninsula Christian Fellowship

Impact Report

Your Gifts in Action

9965 clients served
in centers & programs

1088 ultrasounds
performed

3778 prayers
with clients

688 gospel
presentations

405 individuals found healing from
miscarriage, abortion
and infant loss through

Healing Tide



27% positive
pregnancy
tests
increase in

22 professions of
faith

2110 students
received
healthy relationship
education from
Smart Programs

99% satisfaction rating
from clients who
completed an exit survey



"Care Net is a caring ministry—body, soul and spirit. They offer generous help to women, men and their babies, not condemning or judging but helping in every way possible."

Bonnie H, Donor

To see all the programs and services we provide, visit **carenetps.org**.



Lindsey and her husband began trying to conceive and Lindsey quickly became pregnant! But over the span of one year, they lost four babies to miscarriages.

She reached out to our Healing Tide team and joined our

first-ever support group for pregnancy loss.

The group was a place of true healing—a place where she was surrounded by women who could empathize with her grief on a deeper level.

As the group met week after week, Lindsey was able to work through deep and difficult emotions she was experiencing, including jealousy toward pregnant women. The group leaders and other women helped her process these emotions in a safe, non-judgmental space promoting healing.

Lindsey and her husband's losses are still felt. But they no longer carry this grief alone. ♥

Fridah

suspected she was pregnant and went to Google for pregnancy support where she found Care Net. From the moment she walked into the center Fridah said, "I felt at home. The Care Net staff was really nice and made me feel like I belonged."

After her positive pregnancy test and an ultrasound, Fridah enrolled in parenting classes and met weekly one on one with a mentor. Fridah praises Care Net for helping her learn almost everything she needed to know for motherhood!

Through Care Net, she even got connected with a local Embrace Grace, Inc. group and received support through that group of women.

Fridah is a huge advocate for Care Net, sharing with everyone she knows who is pregnant! Fridah believes, "Care Net is one of the best resources I know of!" ♥



Client Stories

Mayra

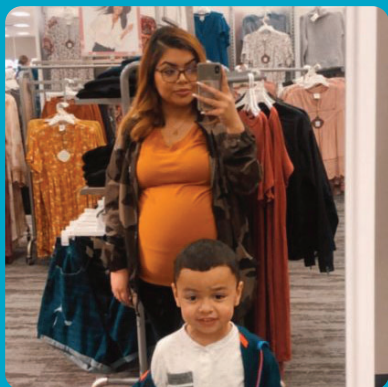
and Tony had just broken up when she discovered she was pregnant. The thought of being a single mom of three scared her. They argued about what to do and decided to have an abortion.

Before scheduling the abortion, they wanted to be sure she was pregnant. Tony googled "free pregnancy tests" and found Care Net.

The staff at Care Net confirmed that she was pregnant. During her visit she thought, "Maybe I can do this. Maybe I can raise my baby." Before leaving, the client advocate prayed with Mayra, and the impact of that visit was etched in her memory.

When she told Tony about her decision to carry, she was overjoyed to hear that he wanted to walk this journey together.

"If it wasn't for Care Net, I would have made a decision I would have regretted for the rest of my life. I found support. I found hope. And I found God." ♥



Kelly

was a successful businesswoman, wife, and mother.

Then she fell into addiction which led to homelessness, and, through a violent wrong, became pregnant.

Despite her difficult circumstances, she did not want to abort. But she also knew she was in no position to give her baby the family he deserved.

As Kelly researched adoption on line, she found Care Net. She saw her first ultrasound, and spoke to a client advocate about her options.

Care Net referred her to an adoption agency and Kelly chose a family that would "love my child in ways I currently could not."

Today, Kelly's son has an adoptive family who loves him. She has the opportunity to see him grow and change through the pictures and videos his family sends.

Kelly was able to gift her beautiful son to a wonderful family that now is able to love and raise him. ♥



Ways to Get Involved

Together, we can bring hope and life-affirming care to women and families in the Puget Sound area.



Serve

Both women and men can find a place at Care Net where their investments change lives. Learn more about how God could be calling you to use your gifts to serve behind the scenes or with clients.

View open staff positions or volunteer opportunities.

Go to supportcnps.org/get-involved or scan.



Pray

We are dedicated to prayer. We know that Care Net is God's work, and He is the one who changes lives! When you commit to praying with us for the work of Care Net, you make an eternal difference for women and families.

Receive our monthly prayer newsletter.

Go to supportcnps.org/get-involved or scan the code.

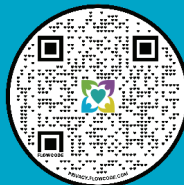


Give

Your gift ensures that we can continue to provide no-cost, life-affirming services through the love of Christ. Help women find the resources and support they need to choose life.

Donate.

Go to supportcnps.org/donate or scan the code.

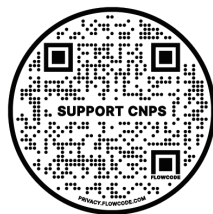


Questions? Contact us at administration@carenetps.org.



Care Net offers hope by providing compassionate, practical care, accurate information, biblical truth, and life-affirming resources for pregnancy, sexual health & integrity, and abortion recovery.

Visit our new donor site to stay up to date on our news and events at **supportcnps.org** or scan the code.



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Client Services

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