

## Get started by following these 4 steps:

**1** Fill out a volunteer interest form. [supportcnps.org/get-involved](https://supportcnps.org/get-involved)

**2** Attend a Care Net 101 to learn more about us and how you can serve. [supportcnps.org/events/](https://supportcnps.org/events/)

**3** Complete the application screening process.

**4** Begin your volunteer training.

## Volunteer Training

We provide specialized training based on where you choose to serve. Volunteers working directly with clients participate in training which includes practicums and role playing relevant to pregnancy center work. For roles not involving direct client care, training is brief and project-specific.

### FRONTLINE POSITIONS

- Center Receptionists
- Client Advocates
- Men's Mentors
- Parenting Mentors\*
- Helpline (At-Home Position)
- Mobile Unit Drivers
- Medical Professionals  
(RN, RDMS-certified individual, MD, PA-C, ARNP, NP)

### PROGRAM POSITIONS

- Smart Programs Speakers\*
- Healing Tide Pregnancy Loss Facilitators
- Healing Tide Abortion Recovery Facilitators\*

\*Opportunities for both women & men

### SUPPORT & EVENTS POSITIONS

- Administrative Help
- Facility Maintenance
- Financial Development
- Baby Bottle Campaigns
- Special Events
- Church Liaisons
- Prayer Partners
- Hospitality
- Marketing/Videography/Photography
- IT or Accounting
- Medical or Legal Advisory Council
- Mobile Unit Drivers
- Boutique Managers

### GROUP PROJECTS

- Host a baby shower for your local Care Net center.
- Collect items & assemble gift baskets for new parents.
- Host a table at the annual Light & Life event.
- Host a baby bottle campaign at your church, MOPS, women's or youth group.
- Join a special events set-up and tear-down crew.

## Center Locations

Bellevue | Federal Way | Gig Harbor | Kenmore  
Lakewood | Puyallup | Tacoma  
King County Mobile Unit: Kent, Renton & Seattle

## For More Information

Text or call **253-383-6033** or email [getinvolved@carenetps.org](mailto:getinvolved@carenetps.org)

Download volunteer opportunities catalog here.



Scan to fill out a volunteer inquiry form.

