



ANNUAL REPORT & INFORMATION BOOKLET 2023



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From Our Executive Director

It is an honor to serve the Lord in this life-affirming ministry alongside the board, staff, and many volunteers. I thank God for every person who contributed prayers, financially, time, and/or material items.

2023 was another year of ministry growth! Together, we served 11,212 people, an increase of 13% compared to 2022 and up 48% compared to 2021. I give thanks to God for the increase in prayer partners (now totaling 1,248).

I give thanks to every person serving our clients. During 2023, we received a 100% satisfaction rating from clients. We offered hope and hope was received. As we read in Romans 5:5 (NLT), "And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love."

We are also thankful for the many churches we serve alongside. During 2023, we connected with 132 new churches across King, Pierce, and Kitsap counties. The services we offer churches include pregnancy and infant loss healing, support after abortion, presentations to youth about healthy relationships, and all of our pregnancy center services.

What great things God has done for us, through all of you.

Blessings and thanks,

David Mitchell
Executive Director



Giving Makes the Difference

TOTAL MONETARY GIVING	\$3,116,385
Contributions	\$2,435,480
Special Events	\$584,214
Grants	\$50,000
Capital Campaigns	\$46,691

TOTAL GIFTS IN KIND	\$161,776
Value of Donated Items	\$158,472
Professional Services	\$3,304

HOW WE USED YOUR GIFTS*

Programs	83%
Administration	11%
Fundraising	6%



SOURCES OF GIVING

Individuals	58%
Foundations	17%
Church & Ministries	14%
Business/Fund Drives	11%

Who We Serve

ETHNICITY

Caucasian	27%
Hispanic	22%
African American	10%
Asian	9%
Multi-Racial	8%
Pacific Islander	5%
Other	19%

MARITAL STATUS

Single	48%
Married	34%
Other	18%

GENDER

Women	94%
Men	6%

AGE

30 & Over	41%
25-29	25%
20-24	24%
15-19	10%
Under 15	<1%
Unknown	<1%



*Audited financials 2022

Care Net Pregnancy & Family Services of Puget Sound receives no state or federal funding. Financial information available upon request. Tax ID number: 91-1226978



VANREIN COMPLIANCE



HIPAA Compliance Verified By
VanRein Compliance 2023

Client Stories from 2023

A married couple with a toddler came to one of our centers. The wife was pregnant again. But, because of her educational goals, they had decided to get an abortion.

At the ultrasound appointment, our nurse listened to them and answered all of their questions and concerns. Despite seeing the ultrasound, they were still determined to have an abortion and declined a follow-up scan or further communication. We prayed for them after they left and assumed we wouldn't see them again.



A month later they scheduled another ultrasound. Their toddler accompanied them, and it was evident that they adored their child and were wonderful parents.

Before the scan, our nurse asked how they were feeling, and the couple informed us that they had decided to keep the baby! This time they took the ultrasound pictures home with them and selected a baby blanket; they also shared their future family plans. Even when we don't always see the immediate results, God is at work!

A single mother who stated that she was a Christian came to us. Her circumstances had been very overwhelming the last few years. If things had not been so difficult, she said she would not be considering abortion.

She already had other children who needed her. She couldn't see past her circumstances to find hope for the future.



However, she decided to trust us and come in for a pregnancy test and ultrasound. Even after the ultrasound, she felt that choosing to carry would be hopeless. She was counting on God's future forgiveness for her decision to abort.

But sitting in our center, all of that changed, and she found the support and resources she needed to choose life!



A teenage couple came in to discuss their pregnancy options. They had planned to end the pregnancy when they arrived and at the end of the session still wanted to choose abortion.

We assured the couple that they had time to think about their options and scheduled them for an ultrasound. After her ultrasound she was still considering abortion and was scheduled for a follow-up ultrasound to track fetal growth.

She came in January for her follow-up ultrasound and shared that she now intends to carry with the support of her mother and boyfriend.

We had been earnestly praying for her and are overjoyed by this news!



Find us on social media.

Like us on Facebook at
[@carenetpspartners](https://www.facebook.com/carenetpspartners)

Follow us on Instagram
[@carenetofpugetsound](https://www.instagram.com/carenetofpugetsound)

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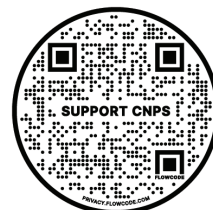
Administrative Office

1924 S Cedar Street, Suite B, Tacoma, WA 98405
253-383-6033 • administration@carenetps.org
supportcnps.org

Client Services

24/7 Helpline: 877-668-2566 • Website: carenetps.org

Stay up to date on
news and events at
supportcnps.org or
scan the code.





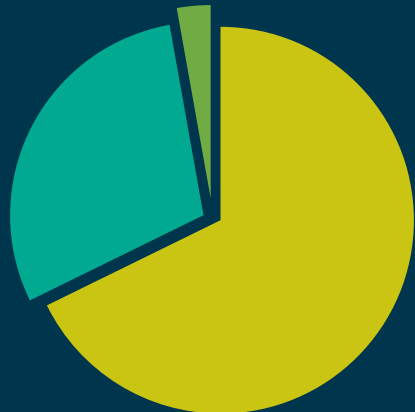
2023 Highlights

11,212 total people served

7,595 in centers

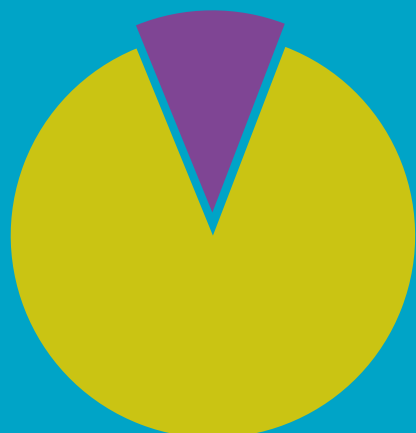
3,302 in Smart Programs

315 in Healing Tide



1,068 ultrasounds performed

88% of women who saw their child on ultrasound chose life.



100% satisfaction rating from clients who completed an exit survey

Our Services

Limited Prenatal Ultrasound

Pregnancy & Limited STD Testing

Pregnancy & Infant Loss Support

Pregnancy Consultations

Abortion Pill Reversal

Post-Abortion Support

Men's Programs

Parenting Support

Prenatal & Childbirth Education

Healthy Relationship Education

24/7 Helpline

Community Referrals



Our Mission:

Care Net offers hope

by providing compassionate practical care, accurate information, biblical truth, and life-affirming resources for pregnancy, sexual health & integrity, and abortion recovery.

The gospel was shared 475 times.

We prayed with clients over 3,800 times.

12 professions of faith

How We Do It

Care Net has over 1,200 prayer partners and over 400 volunteers who gave more than 25,000 hours.

Ways to Get Involved

Together, we can bring hope and life-affirming care to women and families in the Puget Sound area.

Serve

Serve behind the scenes or with clients.
View opportunities at supportcnps.org/get-involved.
Or scan the code.



Pray

Make an eternal difference for families.
Join our prayer team at supportcnps.org/get-involved.
Or scan the code.



Donate

Give women support to choose life.
Give on line at supportcnps.org/donate.
or scan the code.



How to Connect with Us

Get involved at supportcnps.org or call 253-383-6033.

Get help at carenetsps.org or call 866-668-2566.